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WHAT TO BRING TO CORE HEALTH	
Insurance Card	Photo Identification
Shower Shoes	Small Sum of Money (if needed for copay)
7 Days of Season Appropriate Clothing	UNOPENED cigarette packs/cartons
Pajamas/Robe/Slippers	Reading Material
Season Appropriate Footwear	Headphones for the Gym
Undergarments	Fitness Clothing/Swimsuit for the Gym
Medication in Original Bottles or Prescription (we will have filled for you)	Alcohol Free Personal Hygiene Items (we will provide if needed). All items must be UNOPENED/NEW.

WHAT NOT TO BRING TO CORE HEALTH	
Alcohol or Unprescribed Drugs	Recording Devices
Sample Medications	Food or Drink of Any Kind
Weapons of Any Kind	Products that Contain Alcohol
Electronic Equipment	Herbal Products
Excessive Makeup, Clothing, Jewelry or Cash (only 5 items of makeup allowed)	Short Shorts or Skirt
Pillows or Bed Linens	Shirts or Hats with Inappropriate Language
Halter Tops or Shirts Exposing Midriff	Laptops/I-Pads
Cameras	Cell Phones
Lighters or Matches	Perfume/Cologne/Body Spray

Please understand that the list is created to provide you with the resources you need to help you overcome your addiction.

Nothing will cost additional money at Core Health expect co-pays. All toiletries, food, drinks, snacks, recreational activities, and linens will be provided for you. Therefore we ask that you do not bring large amounts of money or credit cards as Core Health will not be responsible for lost or stolen items.

All bags will be searched prior to admission. Items that are not allowed in the facility will be sent home with loved ones or locked in a safe and returned upon discharge.